UNDERSTANDING YOUR FERTILITY CARE

Saline Infusion Sonogram (SIS)

What a SIS is, why it may be recommended, and what to expect.

WHAT IS A SIS?

A saline infusion sonogram (SIS), sometimes called a saline sonogram, is a special ultrasound that provides a clearer look inside the uterus. A small amount of sterile saline is placed into the uterus during a transvaginal ultrasound, outlining the uterine cavity so your physician can see it more clearly.

WHY MIGHT A SIS BE RECOMMENDED?

A SIS may be recommended to evaluate the uterine cavity before fertility treatment or embryo transfer. It can help identify polyps, fibroids, scar tissue or other changes within the cavity that may be important when planning your care.

WHAT TO EXPECT

A thin catheter is passed through the cervix and a small amount of sterile saline is gently placed into the uterus while ultrasound images are taken. The procedure is usually brief. You may experience temporary cramping or light spotting afterward. Your care team will provide any instructions you may need.

IMPORTANT TO KNOW

A SIS provides a more detailed view of the inside of the uterus than a routine pelvic ultrasound. It does not evaluate every possible cause of infertility, and additional testing may sometimes be recommended.

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